

Specialty Sandwiches

SW 1	ROAST BEEF	9.00
	HOMEMADE ROAST BEEF, JARSLBURG, ARUGULA, SUNDRIED TOMATOES, HORSERADISH MAYO AND LETTUCE ON A BAGUETTE	
SW 2	SLICED PETITE FILET	10.95
	SLICED PETITE FILET, CARAMELIZED ONIONS, CAJUN MAYO AND SMOKED GRUYERE ON A BAGUETTE	
SW 3	CHICKEN BALSAMIC	9.50
	GRILLED CHICKEN, FRESH MOZZARELLA, ROASTED PEPPERS, SPINACH AND BALSAMIC VINAIGRETTE ON A BAGUETTE	
SW 4	TUNA	10.50
	SICILIAN TUNA, SHAVED FENNEL, STUFFED CHERRY PEPPERS, LEMON JUICE AND OLIVE OIL ON A BAGUETTE	
SW 5	VEGGIE	8.00
	GRILLED VEGETABLES WITH GOAT CHEESE ON MULTIGRAIN BREAD	
SW 6	ITALIAN COMBO	10.95
	PROSCIUTTO, MORTADELLA, SWEET CAPICOLA, HOT SOPRESSATA, SHARP PROVOLONE, ROASTED PEPPERS, BALSAMIC VINEGAR AND OLIVE OIL ON A BASTONE	
SW 7	MEATBALL	10.25
	FRIED MEATBALLS, FRESH RICOTTA, SHAVED PARMIGIANO, BASIL AND OLIVE OIL ON A BASTONE	
SW 8	EGGPLANT AND PROSCIUTTO	10.75
	FRIED EGGPLANT, PROSCIUTTO, MOZZARELLA AND BROCCOLI RABE ON A BASTONE	
SW 9	TURKEY	10.50
	FRESH ROASTED TURKEY, SLICED APPLE, BRIE AND RASPBERRY VINAIGRETTE ON A BAGUETTE	
SW 10	FRIED CUTLET	9.95
	FRIED CHICKEN CUTLET, BRUSCHETTA, MOZZARELLA AND FRESH BASIL ON A BASTONE	
SW 11	CRAB CAKE	9.50
	CRAB CAKE, BACON, SPICY HOLLANDAISE AND WATERCRESS ON A CIABATTA ROLL	
SW 12	GRILLED CUTLET	9.95
	GRILLED CHICKEN CUTLET, GRANNY SMITH APPLES, PANCETTA AND BRIE ON A BAGUETTE	
SW 13	PASTRAMI	9.99
	PASTRAMI, SWISS, ROMAINE, RUSSIAN DRESSING AND COLESLAW ON A BASTONE	
SW 14	SMOKED TURKEY	9.50
	SMOKED TURKEY, BACON, CREAM HAVARTI, ALFALFA SPROUTS AND CUCUMBER DILL CREAMY DRESSING ON A CIABATA	
SW 15	CHICKEN RANCH	9.50
	FRIED CHICKEN CUTLET, BACON, CHEDDAR CHEESE AND RANCH DRESSING ON A BASTONE	
SW 16	AROSTICA	9.50
	AROSTICA CHICKEN, MONTERY JACK, AVOCADO MAYO, DICED TOMATOES AND CILANTRO ON A BASTONE	
SW 17	AUNT MARY	9.99
	GRILLED CHICKEN, FRESH MOZZARELLA, BROCCOLI RABE & BALSAMIC VINAIGRETTE ON A BASTONE	
SW 18	CHICKEN CUTLET	9.99
	CHICKEN CUTLET, AVOCADO, CILANTRO SALSA & PESTO ON A BAQUETTE	
SW 19	IRON TOMATO SPECIAL	8.99
	CHICKEN CUTLET, FRESH MOZZARELLA, ROASTED PEPPERS & BALSAMIC VINAIGRETTE ON A BASTONE	

Sandwiches

WE MAKE CUSTOM SANDWICHES STARTING AT \$5.99. THIS INCLUDES ALL STANDARD COLD CUTS ON A ROLL OR SLICED BREAD. FOR A BAGUETTE OR WEDGE ADD \$1.50. ALSO AVAILABLE ARE CHICKEN CUTLETS, HOMEMADE ROAST BEEF AND IMPORTED CURED MEATS. WE ALSO CARRY A LARGE SELECTION OF CONDIMENTS, SUCH AS ROASTED PEPPER MAYO AND GREAT ADD-ONS LIKE SUNDRIED TOMATOES. IF YOU DON'T SEE IT, JUST ASK!

Wraps

WR 1	TURKEY	7.50
	TURKEY, DILL HAVARTI, SHAVED PARMIGIANO, SPROUTS, PLUM TOMATOES, ROMAINE LETTUCE AND HONEY MUSTARD	
WR 2	CHICKEN SALAD	7.95
	CHICKEN SALAD, WALNUTS, ROASTED TOMATOES, PICKLED RED ONION AND FRISÉ	
WR 3	VEGETABLE	7.50
	HUMMUS, MARINATED EGGPLANT, ROMAINE LETTUCE AND WATERCRESS	
WR 4	SMOKED CHICKEN	7.95
	SMOKED CHICKEN, AVOCADO, ROASTED PEPPERS, MAYO, CRUMBLED FETA AND ROMAINE LETTUCE	
WR 5	ROAST BEEF	7.95
	HOMEMADE ROAST BEEF, SAUTÉED ONIONS, SHARP CHEDDAR CHEESE AND ROASTED PEPPER MAYO	
WR 6	HAM	6.95
	BLACK FORREST HAM, AMERICAN CHEESE, LETTUCE, TOMATO AND DIJON MUSTARD	

The Grill

ALL BURGERS COME WITH A SIDE OF FRIES

GR1	HAMBURGER	6.95
	THE CLASSIC WITH LETTUCE AND TOMATO	
GR2	THE IRON TOMATO BURGER	8.50
	SEASONED BURGER LIGHTLY BREADED AND PAN FRIED THEN TOPPED WITH TOMATO SAUCE AND FRESH MOZZARELLA	
GR3	BLUE CHEESE AND MUSHROOM BURGER	7.95
	TOPPED WITH CRUMBLED BLUE CHEESE AND SAUTÉED MUSHROOMS	
GR4	THE CALIFORNIA BURGER	7.95
	WITH AVOCADO, RED ONION, LETTUCE AND TOMATO	
GR5	PHILLY CHEESESTEAK WITH ONIONS & PEPPERS	7.95
GR6	THE ITALIAN BURGER	7.95
	TOPPED WITH MOZZARELLA, BASIL, ROASTED PEPPERS	

MAKE IT A TURKEY OR VEGGIE BURGER FOR \$1.00
ADD-ONS \$1.00 UNLESS NOTED: CHEESE (.50), LETTUCE (FREE), TOMATO, BACON, GOAT CHEESE, BLUE CHEESE, ROASTED PEPPERS, AVACADO, ONION (.50), SAUTÉED ONIONS, ETC...

Hot Sandwiches

HS1	MEATBALL	ROLL	WEDGE
		5.99	7.49
HS2	MEATBALL PARM	6.99	8.49
HS3	CHICKEN PARM	6.99	8.49
HS4	SAUSAGE & PEPPERS	6.99	8.49
HS5	HOMEMADE ROAST PORK	6.99	8.49
HS6	EGGPLANT PARM	6.99	8.49
HS7	FRESH CARVED TURKEY	8.49	9.99
HS8	PRIME RIB	8.49	9.99

Salads

CREATE YOUR OWN CHOPPED SALAD. CHOOSE FROM OVER 40 DIFFERENT TOPPINGS!

- STEP 1: SELECT YOUR LETTUCE
STEP 2: SELECT YOUR TOPPINGS (TOPPINGS ARE UNLIMITED)
STEP 3: SELECT YOUR DRESSING
STEP 4: CHOPPED OR TOSSED
STEP 5: ENJOY!

SA 1	TOSSED SALAD	REG	LG
	MIXED LETTUCE, TOMATO AND CUCUMBER	5.49	6.99
SA 2	CAESAR SALAD	5.49	6.99
	ROMAINE LETTUCE, CROUTONS AND PARMIGIANO		
SA 3	CHICKEN CAESAR SALAD	6.99	8.49
	CAESAR SALAD WITH CHICKEN		
SA 4	CHEF SALAD	6.99	8.49
	ROMAINE LETTUCE, EGG, HAM, CHEESE, CHICKEN, SALAMI, CUCUMBER AND OLIVES		
SA 5	TRI-COLOR SALAD	5.99	7.49
	ARUGULA, ENDIVE AND RADICCHIO		
SA 6	GARDEN SALAD	5.99	7.49
	MIXED GREENS, ASSORTED VEGETABLES, TOMATO AND ONION		
SA 7	SPINACH SALAD	5.99	7.49
	SPINACH, BACON AND MUSHROOMS		
SA 8	LEAF SALAD	6.49	7.99
	GREEN LEAF LETTUCE, GOAT CHEESE, DRIED CRANBERRIES AND PECANS		
SA 9	3 PEAR SPINACH SALAD	7.99	9.99
	SPINACH WITH WALNUTS, CRANBERRIES AND PEARS		
SA 10	COBB SALAD	7.99	9.99
	ICEBERG AND ROMAINE LETTUCE, BACON, AVOCADO, EGG, FRESH TURKEY, GORGONZOLA, TOMATO AND SWISS CHEESE		
SA 11	BALSAMIC SPINACH CHICKEN SALAD	6.99	8.49
	BABY SPINACH, TRI-COLOR PEPPERS, CANDY WALNUTS, RED ONION, GRILLED CHICKEN AND HONEY BALSAMIC DRESSING		

DRESSINGS: RUSSIAN, CAESAR, BALSAMIC AND OLIVE OIL, LIGHT ITALIAN, RANCH, BLUE CHEESE

ADD-ONS \$1.00 UNLESS NOTED: GRILLED CHICKEN(2.00), SALMON(3.00), SHRIMP(4.00), BACON, ROASTED PEPPERS, CHEESE, PARMIGIANO, MOZZARELLA, GOAT CHEESE, OLIVES, ANCHOVIES, VEGETABLES, TOMATOES, DRIED CRANBERRIES, NUTS, ETC...

Sushi

MADE FRESH DAILY ON PREMISE.
CHOOSE FROM A LARGE VARIETY OF PREPARED SELECTIONS OR CUSTOMIZE YOUR OWN.
MADE WITH WHITE OR BROWN RICE SUSHI.

Desserts & Drinks

WE CARRY A LARGE SELECTION OF DESSERTS
CANNOLI • CAKE SLICES • PIES • GIANT COOKIES
CUP CAKES • STRUDEL • CAKES • MUCH MORE!
WE ALSO HAVE A LARGE VARIETY OF JUICES, SODAS, ICED TEAS AND WATERS AVAILABLE.

If you have any food allergies, please mention prior to ordering

10/13

Prices subject to change. See store for details.



THE
Iron tomato

www.theiron tomato.com

Pizzeria • Cafe • Catering
Deli • Sushi • Salad Bar
Wine & Beer • Restaurant
Bakery

Delivery, Take-Out, Eat-In Menu

57 Mamaroneck Avenue

White Plains, NY 10601

phone: 914.328.9400

fax: 914.328.9411

Open 8 A.M.

Serving Breakfast, Lunch and Dinner All Day!

CATERING FOR ALL OCCASIONS

If You Don't See It, "Just Ask"

Gluten Free Options Available





The iron tomato was conceived with one goal in mind... to bring to you a unique culinary experience, featuring the finest Italian products available. With that goal comes a certain pride in what we do. All of our Mozzarella is made here, fresh every day. Our chef uses only the freshest ingredients from our own produce stand, butcher and fish department. Our authentic, thin crust pizza is made only with San Marzano Tomatoes imported from Italy. So come inside and have a taste of Italy.

Panini

PN 1	GRILLED CHICKEN	8.50
	GRILLED CHICKEN, ROASTED PEPPERS, PLUM TOMATOES, FRESH MOZZARELLA, BASIL AND PESTO	
PN 2	VEGETABLE	8.75
	EGGPLANT, ENDIVE, ZUCCHINI, ROASTED PEPPERS, ARUGULA, SPROUTS, GOAT CHEESE AND STONE GROUND MUSTARD	
PN 3	PROSCIUTTO	10.50
	PROSCIUTTO, BEL PAESE AND SPINACH	
PN 4	SOPRESSATA	9.75
	SWEET SOPRESSATA, ASIAGO, ARUGULA AND BLACK OLIVE TAPANADE	
PN 5	CLUB	8.50
	TURKEY, HAM, BACON, MONTEREY JACK AND PESTO MAYO	
PN 6	SMOKED PROSCIUTTO	10.50
	SPECK (SMOKED PROSCIUTTO), FRIED EGGPLANT, ROASTED PEPPERS, MOZZARELLA AND GREEN OLIVE TAPANADE	
PN 7	CAJUN	8.50
	CAJUN TURKEY, PEPPER JACK CHEESE, FRIED EGGPLANT, RED ONION AND A SPICY MAYO	
PN 8	RUEBEN	8.50
	CORNERED BEEF, SAUERKRAUT, SWISS CHEESE AND STONE GROUND MUSTARD	
PN 9	PIADINA	8.99
	PROSCIUTTO AND MOZZARELLA ON IMPORTED ITALIAN FLAT BREAD	

Brick-Oven Pizza

		10"	14"
PZ 1	MARGHERITA	7.95	13.95
	SAN MARZANO TOMATOES, FRESH MOZZARELLA AND BASIL		
PZ 2	ROASTED TOMATO	9.95	14.95
	ROASTED TOMATO, RICOTTA, BASIL, OLIVE OIL AND SEA SALT		
PZ 3	SPICY CHICKEN	10.95	15.95
	GRILLED CHICKEN, ONIONS, GOAT CHEESE, SPINACH AND SLICED CHERRY PEPPERS		
PZ 4	VEGETABLE	9.95	14.95
	FRESH TOMATOES, GRILLED ZUCCHINI, MUSHROOMS, ARTICHOKE HEARTS AND GRANA PADANO		
PZ 5	SHRIMP	12.95	17.95
	SHRIMP, ROASTED GARLIC, PLUM TOMATOES AND SHAVED PROVOLONE		

Calzone & Rolls

CR 1	MEATBALL CALZONE	6.95
	BEEF, ONIONS, TOMATO AND PARMIGIANO	
CR 2	VEGETABLE CALZONE	6.95
	MUSHROOMS, PEPPERS, ZUCCHINI, EGGPLANT, ONIONS, AND PARMIGIANO	
CR 3	SAUSAGE & PEPPERS CALZONE	6.95
	SAUSAGE, PEPPERS, ONIONS AND PARMIGIANO	
CR 4	BROCCOLI RABE & GRILLED CHICKEN ROLL	6.95
	CHICKEN, BROCCOLI RABE, MOZZARELLA AND PARMIGIANO	
CR 5	CHEESE CALZONE	5.95
	RICOTTA, MOZZARELLA AND PARMIGIANO	
CR 6	PHILLY CHEESESTEAK CALZONE	6.95
	ROAST BEEF, AMERICAN CHEESE AND ONIONS	
CR 7	CHICKEN PARM ROLL	6.95
	FRIED CHICKEN CUTLET, MARINARA SAUCE, MOZZARELLA AND PARMIGIANO	
CR 8	EGGPLANT PARM ROLL	6.95
	FRIED EGGPLANT, MARINARA SAUCE, MOZZARELLA AND PARMIGIANO	

Round Sicilian Pizza

RS 1	SICILIAN	11.95
	FRESH TOMATOES, MOZZARELLA, TOUCH OF OREGANO AND BASIL	
RS 2	FOCACCIA	11.95
	OLIVE OIL, HERBS, LIGHTLY TOPPED WITH TOMATOES	
RS 3	BACON CHEESEBURGER	13.95
	LIGHT TOMATO SAUCE, GROUND BEEF, CHEDDAR CHEESE AND CHOPPED SMOKED BACON	
RS 4	HAWAIIAN	14.95
	PINEAPPLE, PANCETTA, HAM AND FONTINA CHEESE	
RS 5	SAUSAGE & EGGPLANT	14.95
	STRIPS OF FRIED EGGPLANT, ROASTED PEPPERS, SLICED SWEET SAUSAGE, TOUCH OF FRESH TOMATOES AND MOZZARELLA	
RS 6	CHICKEN RANCH	14.95
	FRIED CHICKEN CUTLET, SMOKED BACON, CHEDDAR CHEESE AND A DRIZZLE OF RANCH DRESSING	
RS 7	RICOTTA AND UEGGIE	13.95
	RICOTTA AND ROASTED GARLIC TOPPED WITH ARTICHOKE AND BROCCOLI RABE	

ADD-ONS: CHICKEN, MUSHROOMS, PEPPERONI, MOZZARELLA, CHERRY PEPPERS, SHRIMP, ONIONS, GOAT CHEESE, BROCCOLI RABE... ANYTHING ELSE YOU CAN THINK OF

PZ 6	SPANISH	11.95	16.95
	CHORIZO SAUSAGE, MANCHEGO CHEESE, CHOPPED TOMATOES, AND CARAMELIZED ONIONS		
PZ 7	BRUSCHETTA	9.95	14.95
	DICED TOMATOES, ONIONS, GARLIC, BASIL, OLIVE OIL AND RED WINE VINEGAR		
PZ 8	ARUGULA	10.95	15.95
	ARUGULA, MOZZARELLA AND YELLOW TOMATOES		
PZ 9	CHICKEN AND BROCCOLI	10.95	15.95
	CHICKEN CUTLET, BROCCOLI, MOZZARELLA AND PARMIGIANO		
PZ 10	SALAD	9.95	14.95
	MIXED GREENS, CUCUMBERS, BLACK OLIVES, CHERRY TOMATOES AND FRESH MOZZARELLA		

Antipasti

AP 1	BAKED LITTLE NECK CLAMS	8.50
	SEASONED BREAD CRUMBS ON FRESH LITTLE NECK CLAMS	
AP 2	FRIED MOZZARELLA	7.50
	HOUSEMADE MOZZARELLA LIGHTLY BREADED AND FRIED, SERVED WITH MARINARA SAUCE	
AP 3	GRILLED COMBO	10.50
	GRILLED SHRIMP, SCALLOPS AND VEGETABLES, EACH FINISHED WITH A RED PEPPER INFUSED OLIVE OIL	
AP 4	STUFFED MUSHROOMS	6.95
	MUSHROOMS STUFFED WITH PROSCIUTTO, BREAD CRUMBS, VEGETABLES AND CHEESE	
AP 5	BRUSCHETTA	6.50
	GARLIC BREAD TOPPED WITH FRESHLY PREPARED BRUSCHETTA	

Pasta

ADD A MEATBALL TO ANY PASTA DISH FOR \$2.25

PA 1	GNOCCHI	12.95
	HOUSE-MADE GNOCCHI WITH A TOMATO AND BASIL SAUCE	
PA 2	ORECCHIETTE RABE	13.95
	BROCCOLI RABE, HOT OR SWEET SAUSAGE AND WHITE BEANS WITH ORECCHIETTE PASTA	
PA 3	FETTUCINI ALFREDO	12.95
	FETTUCINI WITH A CREAM AND PARMIGIANO BASED SAUCE	
PA 4	TORTELLINI PANNA	13.95
	CHEESE TORTELLINI WITH A CREAM BASED SAUCE, FLAVORED WITH PANCETTA AND PEAS	
PA 5	LINGUINI WITH CLAM SAUCE	15.95
	A RED OR WHITE CLAM SAUCE PAIRED WITH LINGUINI	
PA 6	RIGATONI FILETTO	12.95
	RIGATONI IN FRESH TOMATO SAUCE WITH PROSCIUTTO, ONION AND BASIL	
PA 7	FUSILLI BOLOGNESE	12.95
	FUSILLI WITH A RICH MEAT SAUCE AND A TOUCH OF CREAM	
PA 8	PASTA PRIMAVERA	12.95
	PASTA IN VEGETABLE BROTH WITH FRESH VEGETABLES	
PA 9	PENNE ALLA UODKA	13.95
	PENNE IN A TOMATO AND CREAM SAUCE WITH DICED PROSCIUTTO	
PA 10	CHEESE RAVIOLI	13.95
	HOMEMADE CHEESE FILLED PASTA WITH YOUR CHOICE OF SAUCE	
PA 11	SPAGHETTI CARBONARA	14.95
	SPAGHETTI WITH CREAM, PANCETTA, ONIONS AND PEAS	
PA 12	SPAGHETTI PESTO	12.95
	SPAGHETTI TOPPED WITH OUR PESTO AND MIXED WITH A LITE CREAM SAUCE	
PA 13	MEAT LASAGNA	9.50
	HOMEMADE PASTA LAYERED WITH MEAT, RICOTTA, MOZZARELLA, PARMIGIANO AND SAUCE	
PA 14	VEGETABLE LASAGNA	9.50
	HOMEMADE PASTA LAYERED WITH VEGETABLES, RICOTTA, MOZZARELLA, PARMIGIANO AND SAUCE	
PA 15	EGGPLANT PARM	8.50
	FRIED EGGPLANT COVERED WITH MOZZARELLA AND TOMATO SAUCE	
PA 16	PASTA MARINARA	9.95
	PASTA WITH MARINARA SAUCE	

CHICKEN, VEAL, SEAFOOD, PORK AND BEEF ALL COME WITH A SIDE OF POTATO AND VEGETABLE OF THE DAY.

Seafood

SF 1	FLEET OF SOLE	14.95
	EITHER BROILED, FRANCESE OR FRIED	
SF 2	SALMON	15.95
	BROILED, OREGANATA OR BAKED	
SF 3	SHRIMP	15.95
	SCAMPI, MARINARA OR FRA DIAVOLO	

Chicken & Veal

CH 1	SCARPARIELLA	13.95	VL N/A
	DICED CHICKEN SAUTÉED WITH GARLIC, SAUSAGE POTATOES, TRI-COLORED PEPPERS AND ROSEMARY IN WHITE WINE SAUCE		
CH 2	PARMIGIANA	9.95	13.95
	BREADED CHICKEN OR VEAL CUTLET WITH TOMATO SAUCE AND MOZZARELLA		
CH 3	PICCATA	12.95	14.95
	SAUTÉED CHICKEN OR VEAL CUTLET WITH BUTTER, LEMON AND CAPERS		
CH 4	SORRENTINO	13.95	15.95
	CHICKEN OR VEAL CUTLET SAUTÉED WITH SHERRY WINE, SHALLOTS AND LAYERED WITH PROSCIUTTO, EGGPLANT AND MOZZARELLA		
CH 5	CAPRI	13.95	15.95
	BREADED CHICKEN OR VEAL CUTLET PAN FRIED AND TOPPED WITH TOMATOES, ONIONS AND BASIL		
CH 6	BALSAMIC	13.95	15.95
	CHICKEN OR VEAL PAILLARD WITH HERBS AND SAUTÉED WITH RED WINE AND BALSAMIC VINEGAR		
CH 7	MARSALA	12.95	14.95
	POUNDED CHICKEN OR VEAL CUTLET, SAUTÉED WITH MUSHROOMS IN MARSALA WINE		
CH 8	SALTIMBOCCA	14.95	16.95
	CHICKEN OR VEAL CUTLET SAUTÉED IN WHITE WINE AND LAYERED WITH SAGE AND PROSCIUTTO THEN PLACED ON A BED OF SPINACH		
CH 9	FRANCESE	12.95	14.95
	EGG BATTERED CHICKEN OR VEAL SCALOPPINI PAN FRIED WITH A BUTTER AND LEMON SAUCE		
CH 10	ROLLETINI	14.95	16.95
	SCALOPPINI OF CHICKEN OR VEAL ROLLED WITH PROSCIUTTO, FONTINA, ROASTED PEPPERES IN A MUSHROOM SAUCE		

Pork & Beef

BP 1	PORK CHOPS	14.95
	BROILED, SAUTÉED WITH HOT OR SWEET PEPPERS	
BP 2	SAUSAGE AND PEPPERS	10.95
	GRILLED SAUSAGE SAUTÉED WITH PEPPERS, WITH OR WITHOUT ONIONS	
BP 3	GRILLED STEAK	19.99
	GRILLED RIBYEYE OR NEW YORK STRIP	
BP 4	GRILLED PETIT FILET	13.95
	GRILLED PETIT FILET TOPPED WITH SAUTÉED MUSHROOMS	

Sides

SD1	RICE	SM 1.99	LG 2.99
SD2	ROASTED POTATOES	2.99	4.99
SD3	BROCCOLI RABE	2.99	4.99
SD4	PASTA WITH MARINARA (ONE SIZE)	N/A	5.99
SD5	FRIES	3.49	4.99
SD6	MEATBALLS (EACH)	2.25	N/A